

SAN RAMON VALLEY HIGH SCHOOL

Androgenic/Anabolic Steroid Policy

Print Name of Student-Athlete

All Sports/Activities

YEAR

The Governing Board and San Ramon Valley High School recognize that the use of **androgenic/anabolic steroids** presents a serious health hazard to students. We are committed to make every effort to ensure students do not begin or continue the use of **androgenic/anabolic steroids**. Please review steroid literature available online at www.nfhs.org, and sign this agreement. As a condition of membership in the CIF, all schools shall adopt policies prohibiting the use and abuse of **androgenic/anabolic steroids**. All member schools shall have participating students and their parents, legal guardian/caregiver agree that the athlete will not use steroids without the written prescription of a fully licensed physician (as recognized by the AMA) to treat a medical condition (CIF By Law 524).

By signing below, both the participating student-athlete and the parents, legal guardian/caregiver here by agree that the student shall not use **androgenic/anabolic steroids** without the written prescription (as recognized by the AMA) to treat a medical condition. We also recognize that under CIF Bylaw 200.D. there could be penalties for false or fraudulent information. We also understand the San Ramon Valley High School policy regarding the use of illegal drugs will be enforced for any violations of these rules.

Signature of Athlete

Date

Signature of Parent/Guardian/Caregiver

Date