

PHYSICAL EDUCATION**Exemptions**

All students who are assigned to a P.E. class and are in school shall report to P.E. at the regular class time. Students who need to be excused from full participation due to illness, injury or chronic conditions shall be provided with a modified physical education program under the supervision of the P.E. instructor while temporarily excused from full participation.

The following guidelines will be used for providing modified P.E.:

1. Single-Period Absence: Student does not feel well or is injured and does not have a note from a parent/guardian or doctor. P.E. instructor shall provide appropriate alternative activities which would not aggravate the physical condition of the student. Student will be allowed one single period absence per symptom or injury; consecutive single-period absences must be verified on the basis of a note from the parent/guardian or doctor.
2. One-Through Five-Day Absence: Student presents the P.E. instructor with a note from the parent/guardian or doctor asking for a temporary excuse from full participation for up to five consecutive days. P.E. instructor shall provide appropriate alternative activities which are consistent with the physical needs of the student.
3. Six Plus Days Absence: Student presents the P.E. instructor with a written request from his/her doctor excusing the student for more than five consecutive days. The school nurse will assist the P.E. instructor in planning a modified P.E. program that will comply with the student's medical condition, if necessary. Adaptive P.E. will be considered for students with severe chronic disabilities.

Credits

When a student is to be exempt from any number of P E credits, the counselor will be responsible for ensuring that the number of P.E. credits required for graduation will be reduced accordingly.

1. Students will be exempted for one credit of P.E. for each 1.5 class periods of absence due to verified illness or injury, for a maximum of five credits per semester.
2. A report completed by the counselor, which outlines the circumstances of the temporary P.E. exemption and the number of credits exempted will be signed by the parent/ guardian and counselor.
3. A copy of the report, with the physician's note attached, will then be placed in the student's permanent file.