ONLINE BOOK INSTRUCTIONS FOR GLENCOE HEALTH 2007

Adobe Reader version 8.1.3 is required for both Windows and Apple Computers. In addition, Adobe Reader must be set as the default PDF Reader/Handler. See the bottom of page for more details.

**Apple Users should use the Safari web browser, but this will NOT work on an iPad (sorry).
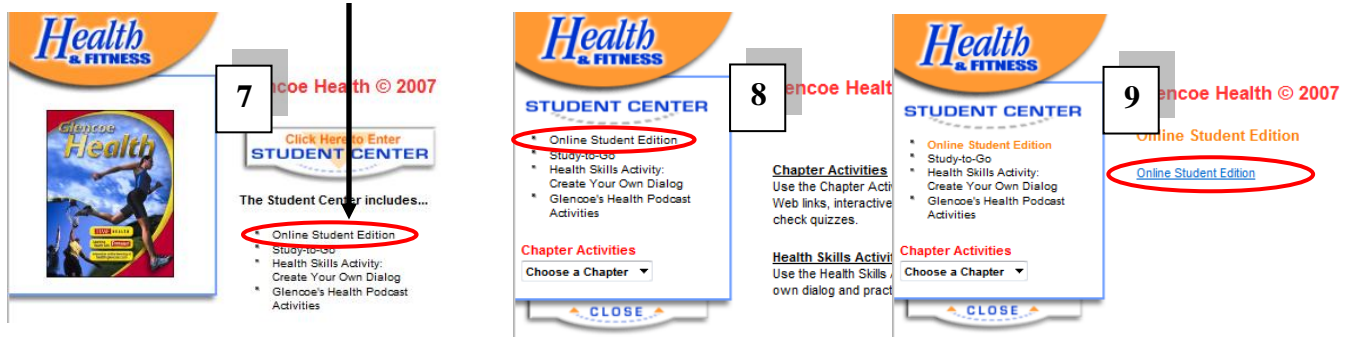PC Users should use either the Internet Explorer or Firefox web browser.**

Instructions:
1. Go to www.glencoe.com

2. Select **California** as the state

3. Select **Student/Parent** as the User

4. Select **Health & Fitness** from the drop down menu and then **ENTER**

5. Click on the green **High School Health** text in the middle of the page

6. Click on the blue **Glencoe Health 2007** (it should be the third option)

You will now see an orange screen (see below left).
Under the **STUDENT CENTER** shield and the text reading **The Student Center includes...**
you will see the **Online Student Edition**

7. Click on the **Online Student Edition** text and the textbook image on the left is replaced by a menu

8. Click on **Online Student Edition** link in the menu.

9. Click on the blue **Online Student Edition** on the right.

10. Create a "Bookmark" so you have direct access in the future.
    On the Online Editions page, enter the access code and **Submit**

11. The Glencoe Health 2007 pdf should open within your browser; however, you may have to refresh your browser.

To confirm Adobe Reader is your default pdf reader:
On a PC, right click on any PDF file on your computer and select get info, on a MAC hold the control key and double click any PDF file on your computer and select get info. After that, select the "open with tab in the PDF window. Then select Adobe Reader in the open with drop down menu and click change all and then continue.

To verify that Adobe Reader is the default pdf reader/handler, open Adobe Reader and select EDIT and then Preferences. Then make sure that the internet option box on the left hand side has a check next to display PDF in browser.